



Camp Bighorn 2022: What to Bring

Because the weather can change in a matter of hours (or less), we recommend that you pack for any and all conditions, including a wide range of temperatures. Lighter clothing that can be layered is always a good option. Sturdy walking shoes or hiking boots are a must, as are a backup pair of sneakers, water shoes or sandals with durable straps (which can get wet) for the water ecology study on Tuesday, August 9th and kayaking on Thursday, August 11th. Most activities will be held outdoors.

- ✓ A comfortable (they will be carrying it around most of the day) daypack (make sure straps are wide and not the drawstring type) with the following items to fit inside:
 - Summer hat with visor or brim for sun protection
 - Sunscreen (30 SPF or higher)
 - Insect repellent
 - Lip balm with sunscreen
 - Lightweight, waterproof jacket
 - Rain pants or DURABLE poncho that covers to knees
 - Sunglasses
 - Large bandana to wet for cooling (optional)
 - Camera (optional)
- ✓ Other items:
 - Sturdy walking shoes or hiking boots to wear each day
 - Extra sneakers, water shoes or sandals with durable straps (which can get wet) on Tuesday and Thursday
 - Any prescription or over-the-counter medications (will be stored with Camp Nurse)
 - Life jacket fitted to the camper for kayaking on Thursday. If you don't have one, let us know so we can have one available.