



## **Camp Bighorn 2025**

### **What to Bring List**

#### **Clothing and Footwear:**

- Summer hat with visor or wide brim for sun protection
- Lightweight waterproof jacket
- Lightweight fleece or hoodies for layering
- Gloves and stocking hat for cool mornings and evenings
- Rain pants and jacket or durable poncho that covers to the knees
- Long sleeve shirts for sun protection
- Lighter clothing that can be layered
- Sturdy walking shoes or hiking boots
- Extra shoes to wear around camp
- Water shoes or sandals with durable straps for classes such as water ecology and kayaking

#### **Outdoor Items:**

- Daypack-a comfortable pack, campers will be carrying it around most of the day. Straps should be wide and not the draw-string type
- Journal or notebook
- Sunglasses
- Sunscreen (30 SPF or higher) lip balm with sunscreen
- Insect repellent (A necessary, but frequently forgotten item)
- Refillable water bottle (Conservation Camp has a bottle filler)
- Camera (Optional)
- Binoculars (Optional)
- Large bandana that can be wetted for cooling (Optional)
- Walking stick (Optional)

#### **Overnight Items:**

- Bedding or sleeping bag (Bed linens are NOT provided)
- Pillow
- Toiletries
- Hand Sanitizer
- Prescription and over-the-counter medications (Will be stored with the Camp Nurse)
- Towels and washcloths (These items are frequently forgotten)

- Snacks (Optional)
- Water-soluble electrolytes (Optional)
- Fishing gear (Optional, with a Wyoming Fishing License)

Medical: *Camp staff cannot distribute any over the counter or prescription medications.*

- Inhaler, if prescribed by physician
- Epi Pen, if prescribed by physician
- Medications prescribed